



# نشرة الاتحاد العالمي للجمعيات الطبية الاسلامية

e-newsletter of Federation of Islamic Medical Associations

Volume 21, Issue September 2015



## MESSAGE FROM THE PRESIDENT



HIV-AIDS continues to be a major global public health issue, having claimed more than 34 million lives so far. In 2014, 1.2 million people died from HIV-related causes globally. There were approximately 37 million people living with HIV AIDS. Sub-Saharan Africa is the most affected region, with 26 million people living with HIV in 2014. Unfortunately there is no cure for HIV infection. However, effective treatment with antiretroviral (ARV) drugs can control the virus so that people with HIV can enjoy healthy and productive lives.

The Federation of Islamic Medical Associations (FIMA) and its affiliated Islamic Medical Associations (IMAs) from various

*Continued on Page 13*



The 10<sup>th</sup> FIMA Umrah program was conducted for a period of 8 days (26<sup>th</sup> May to 4<sup>th</sup> June 2015 (10<sup>th</sup> - 17<sup>th</sup> Shaaban 1436) jointly supervised by IMA of Kingdom of Saudi Arabia and WAMY. A total of 31 students participated from six different countries (including Uganda, Saudi Arabia, Kenya, United Kingdom, Turkey and Lebanon). The program was mentored and guided by a team of 5 supervisors from IMAKSA. All students participating were given a chance to perform Umrah at their convenience, while they were in Makkah el Mukaramah. Social gathering at a resort to interact and know each other was also held. Participants received a two hours lecture about salah/prayer performance.



*FIMA & UNAIDS Shaking Hands After the HIV-AIDS Symposium in Makassar, Indonesia*

**Editor in Chief** Dr. Tanveer Zubairi, President, FIMA - **Editor** Dr. A. Rashid A. Rahman, Secretary, FIMA  
**Managing Editor** Dr. Aly Mishal Executive Director, FIMA, **Assistant Editor** Sajjad Saleem



While in Makkah the pilgrims visited Islamic historical sites (Mina, Muzidalifah, Arafat, Mount Noor, Hira Cave). They also visited Hajj & Moatamir Gift Centre. The visit to Kiswa Manufacture Complex was a great experience. The students also attended the Astronomy exhibition and visited the largest clock tower in the world.



The pilgrims had a great time in Medinah with experience of spiritual enlightening, visit and praying in Masjid annabawi, witnessing Prophet's historical places and visit to Madinah museum. Various historical mosques (including Quba, Qiblatain and Juma'a) were also visited and salat was offered. The delegates also visited King Fahad Quran Printing Complex, a great experience to observe printing of Quran and Islamic books on a very large scale.



The participants formed an amazing circle of friendship and brotherhood and they are still quite active and in touch amongst themselves on social media including Twitter, Instagram and Facebook. The students left for their homes on 4<sup>th</sup> and 5<sup>th</sup> June with very heavy hearts and carried with them unforgettable memories and a great bond of fraternity.



# A VISIT TO BOARDING HOUSE OF UNIVERSITAS MUSLIM INDONESIA (UMI) IN PADANGLAMPE, PANGKEP



*Dr. Aly Mishaal after planting a tree, with smiling FIMA fellows.*



*The students preparing the site of plantation of trees.*



*Dr. Goolam Hussain planting a tree and signing the commemorative placard.*



*Dr. Ihsan Karman decorating a young student with a medal on pride of performance.*



*A great sight seeing experience and a walk through the lush green farms.*



*Lunch break, Dr Syreafuddin accompanied the FIMA delegates to dining hall.*



*The female students had a separate praying hall and training sessions.*



*Plantation of tree and the nursery of future doctors together.*



*The delegates were served with snacks on arrival.*



*The students assembly in the main hall and praying area.*



*The FIMA veterans entering the main hall of the boarding school.*



*All the FIMA delegates including sisters spent a day with medical students in Padanglampe, Pangkep.*

# Charity Begins With You

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## Medical Outreach Mission Pos Sinderut, Pahang

22<sup>nd</sup> – 23<sup>rd</sup> August 2015



## HATCLIFF OUTREACH PROGRAM OF HARARE BRANCH OF IMA ZIMBABWE

The Islamic Medical Association of Zimbabwe (IMAZ) Harare Branch held a very successful outreach free medical camp arranged by its Harare members, some 500 patients benefitted from the camp where free screening and treatment was given to them.

A meeting was also arranged with IMAZ Harare members under the chairmanship of Dr Ismail Tickley (chairman of Harare branch) to plan for the forthcoming FSV Eye Camp.



## PIMA RELIEF HOLDS MEDICAL CAMPS

PIMA D.G Khan Division in Punjab, Pakistan is providing medical relief in flood affected areas of D.G Khan Division since 26th July 2015. After completion of 1st phase, following are the landmarks which they have achieved No. of camps 17, No. of doctors: 17 No. paramedical staff 34, No. of patients examined 3863 Expenses \$ 2500.



*Dr Najam ud Din President of PIMA, Rajanpur examining the patients.*



*Camp 18, where 450 patients were examined and given free medication.*



*Camp 13, two doctors and 3 paramedical staff members. Patients examined 335*



*The patients were mainly suffering from diarrhea, skin diseases, flu, fever and malnutrition.*



*Dr. Irfan Ullah Malik, President PIMA Punjab South in the camp*

# BCI MACEDONIA HOLDS YOUTH LEADERSHIP MEETING

Young Doctors from the region met in Ohrid, Macedonia, 8<sup>th</sup> of August, at an international conference hosted by the Blue Cell International (BCI), under the auspices of World Medical Association (WMA) Junior Doctors Network (JDN), represented by its president, Dr. Ahmet Murt, the distinguished guest of the meeting.

This is the first JDN meeting held in the South-East European Region, whereas the organization of this high-level event was trusted to BCI, an emerging leader in young doctors' activism in our country. The event has been endorsed by the Macedonian Medical Association (MMSA) and the Deanery of the Faculty of Medicine in Skopje. Along the domestic delegates, the conference has been enriched by the presence of delegates from the

region, as well as from USA and Canada.

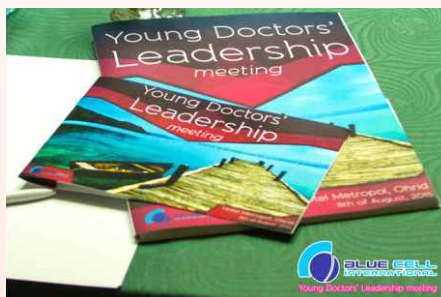
The aim of the meeting was to establish a common ground for young doctors in Macedonia, which will represent a network that shall

foster collaboration opportunities for young doctors both nationally and internationally.

The main theme of the meeting was "*Working conditions of Young Doctors*", that has provided delegates insight of the pressing issues facing young doctors in a global scale and has incited fruitful discussions leading to a workable conclusions that healthcare professionals have a major contribution to make in forging sustainable partnerships to tackle international health issues and to raise global awareness about health burdens and exchanging knowledge and skills to reduce them.

(BCI is an associate member of FIMA)

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## ANNUAL CIMCO SEMINAR HELD IN MAKSSAR, INDONESIA

The annual CIMCO (Consortium of Islamic Medical colleges) seminar was held in Makassar, Indonesia on August 14th 2015. The meeting was moderated by Dr. Iwang Yusuf. The Secretary General of FIMA Prof. Dr. Abd. Rashid Rahman delivered his keynote address on “The Concept of Cooperation to Developing Islamic Medical Sciences”. Dr. Anis Malik Toha gave a very informative presentation on “Epistemology Science in Islamic View”. Prof. Iqbal Khan, vice chancellor of Shifa University Islamabad talked on “Medical Research in Medical Curriculum”. Dr. Sagiran, (Indonesia) updated on

“Thibbum Nabawi in Medical Curriculum”.

Another meeting of FOKI was also held on Saturday focusing on Islamic Medical curriculum, experiences of various institutions were shared including, UII, UMI, UMI and UNISSLA.

The elections of CIMCO were held subsequently in which, FOKI was elected for the posts of Chairman and Secretary of CIMCO for 2015-18 session. Whereas Pakistan, Malaysia and Bangladesh were elected to the executive committee.





# Why go with IMANA?

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**3 Nights in Makkah**  
**1 Night in Jeddah**

**Optional Visit to Al-Aqsa**

Additional nights in Madinah or Makkah

**Be with a Medical Group**

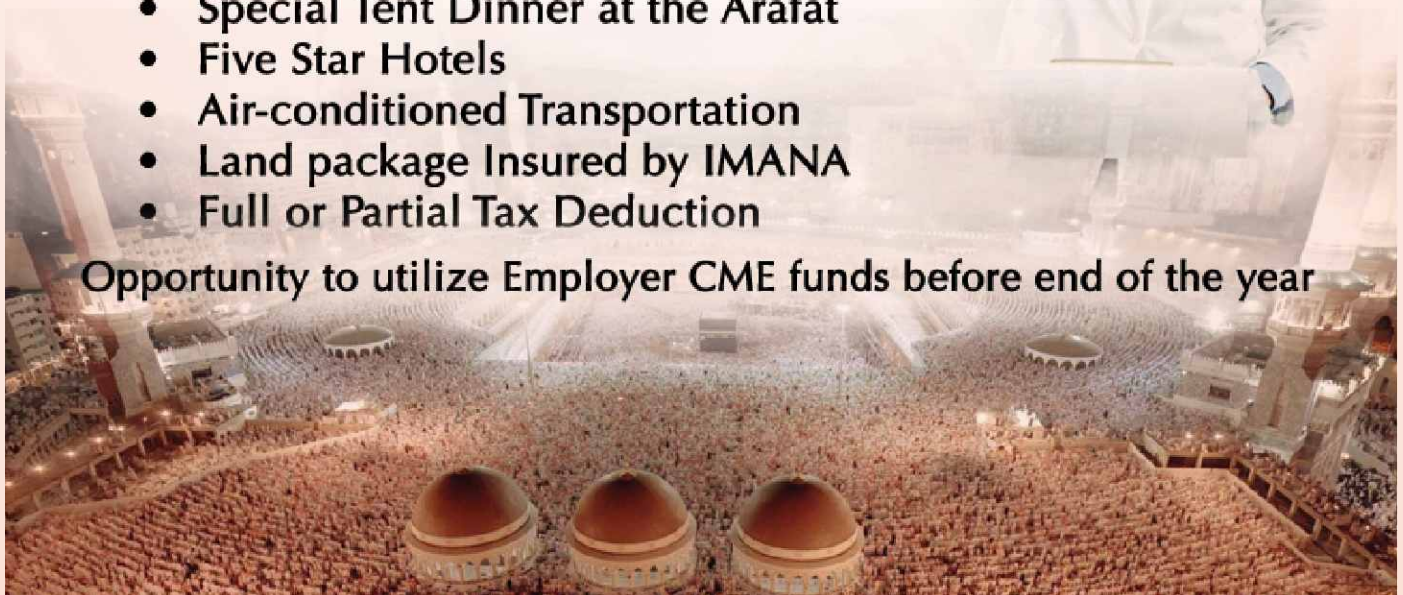
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# HIGHER SURGICAL WORKSHOP: HARGEISA UNIVERSITY SOMALI LAND

FIMA Save Vision is running a post graduate diploma in ophthalmology at Hargeisa University since 2013. POB trust is providing teaching and technical aid to this course The Higher Surgical Training

Workshop was organized for the postgraduate trainees in ophthalmology in Hargeisa University Somali Land. The workshop provided hands on experience to eye surgeons of Manhal Hospital. Learning the use

of latest equipment of eye surgery is a part of syllabus and was skillfully imparted by foreign experts during this 10 day workshop.



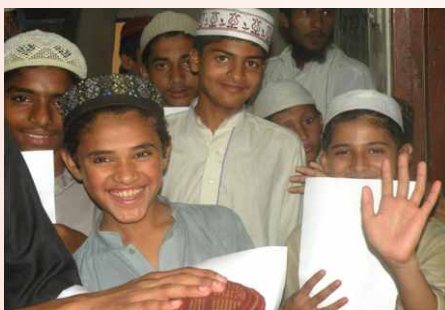
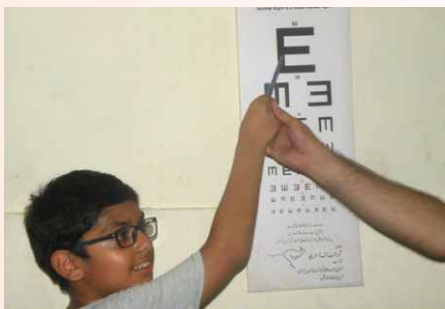
# FIMA SAVE VISION & POB TRUST CONDUCTS A FREE EYE CAMP IN AN ISLAMIC SCHOOL IN SIALKOT, PAKISTAN



FIMA Save Vision/POB trust in collaboration with SPWS-KMSMC held a free eye camp at Madrasa Jamia Uloom Ul Islam,

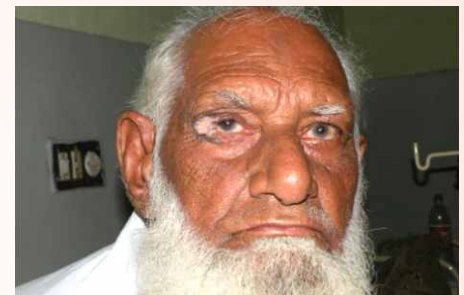
Sialkot on 3rd August 5, 2015. A total of 55 students were examined by a team of 3 ophthalmologists headed by g Dr

Intzar Hussain and Dr Shahid Dayal, 4 technicians and 15 medical students assisted the eye surgeons.



# SQUINT & PTOSIS FREE EYE CAMP AT DHQ HOSPITAL VEHARI

FIMA Save Vision & POB Trust arranged a squint & ptosis free eye camp in DHQ hospital Vehari. This camp was organized in Collaboration with Saira Umer Welfare Society Vehari. This society surveys the public schools all year for screening of children. During camp days, the parents are informed to bring their children suffering from squint and ptosis for corrective operations. This year camp was held on 26 - 27th July 2015. The total number of OPD patients exceeded 400, around 31 Surgeries were performed by six eye surgeons. Five paramedical staff members assisted the eye surgeons. A total number 31 children were operated for squint.



## REMAINING MESSAGE OF THE PRESIDENT

world regions, convened in the city of Makassar, in Indonesia, the country with the largest Muslim population, hosted by the Indonesian Islamic Medical Association (IIMA), and held the HIV/AIDS symposium, within the context of FIMA's 32nd Annual Convention.

The symposium was attended by the Global Outreach and Advocacy Advisor- UNAIDS Regional Support Team for Asia and the Pacific, who presented the UNAIDS strategy of Fast Tracking the Response to end the AIDS Epidemic by 2030.

The following made informative and state of the art presentations including, Dr. Mohammed Ali Bhuiyan (UNAIDS) on Fast-tracking the response to end AIDS by 2030. Professor Magid Kagimu, (Uganda) and Director FIMA HIV/AIDS Resource Centre made a presentation on Fast-tracking the Islamic approach to HIV/AIDS the evidence base. Dr. Kemal Siregar, (Indonesia) presented on "Fast-tracking HIV and AIDS response: What does it mean for Indonesia?"

Sheikh Ali Lubowa updated on "Fast-tracking the Islamic Approach to HIV/AIDS the role of Imams: experience from Uganda". Hajat Sarah Kaye (Uganda) talked on Fast-tracking the Islamic Approach to HIV/AIDS the role of Muslim women: experience from Uganda and finally Dr. Aly A. Mishal (FIMA) gave a presentation on "Youth protection from HIV/AIDS and other sexually transmitted diseases".

FIMA issued this Declaration at the conclusion of this important symposium: It reads as follows,

1. WHEREAS some statistics from UNAIDS and other concerned NGOs point to significant successes of the UNAIDS strategy of Fast-tracking the Response to end the AIDS Epidemic by 2030, and
2. WHEREAS other statistics from the same sources, reveal significant increases in new HIV infections in many Muslim countries, including the Middle East, North Africa, Indonesia and Bangladesh, in which HIV/AIDS prevalence is traditionally much lower than other parts of the world, and
3. WHEREAS notions from contemporary prevailing social and lifestyle changes in Muslim countries point to expectations of possible increased HIV transmission, and
4. WHEREAS in the Islamic paradigm, HIV/AIDS is not considered as just a virus-induced disease, but rather a manifestation of a serious breakdown of socio-moral and

behavioral norms afflicting human societies in varying degrees and

5. WHEREAS scientific evidence, discovered at the FIMA HIV/AIDS Resource Center, hosted by the Islamic Medical Association of Uganda, showed that high levels of religiosity manifested by high levels of practice of the five pillars of Islam were significantly associated with lower HIV infection rates among Muslim youth,

FIMA and many concerned workers caution against attitudes of false security from HIV and other STDs susceptibility, which may lead to complacency in adopting sound and sustainable policies and activities towards public awareness and prophylactic efforts.

FIMA and her IMA affiliates in many world regions have been concerned with the increasing trends of HIV transmission and disease in Muslim communities. Over the past several years, FIMA launched diligent prophylactic activities based on raising public awareness, and widespread training of local dedicated community leaders, especially among the youth, in collaboration with governmental, civil, social, religious and educational entities.

FIMA training and public awareness activities utilized the latest scientific advances and epidemiologic knowledge, side by side with Islamic teachings and guidance that advocate values of self discipline, chastity, morality, decency, family centricity, and reject the expanding trends of promiscuity, homosexuality, commercial sex, drug abuse and other behaviors, that will always undermine global efforts to effectively combat the HIV/AIDS pandemic.

FIMA welcomes sound collaboration and partnerships with UNAIDS and other stakeholders including governments, multilateral organizations, non-governmental organizations, scientists and academia, women organizations, youth organizations, Muslim scholars as well as Imams and Sheikhs, to fast-track the response to end the HIV/AIDS pandemic.

FIMA will specifically contribute the Islamic approach to the UNAIDS strategy of Fast-tracking the Response to end the HIV/AIDS pandemic.

FIMA calls upon UNAIDS to include the constructive roles of Islamic values and paradigm in the long struggle aiming at an AIDS free world for the whole of humanity.

**Headquarters:** 101 West 22nd Street, Suite 106, Lombard, IL 60148, USA.  
Phone: (630) 932-0000 Fax: (630) 930-0005

**[www.fimaweb.net](http://www.fimaweb.net)**

**In the next issue of October 2015: Report of IMARET, Malaysia,  
48th IMANA Annual Convention, Report on Activities of IMA Cambodia.**